

**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school lunch price.  
**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**  
Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk - 1% white, and fat-free chocolate

**Weekly Vegetable Subgroups May Include:**  
**Dark green** - spinach, broccoli, romaine and spring salad  
**Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers  
**Beans/Peas**  
**Starchy** - white potatoes, corn, and lima beans  
**Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

**Daily Fruit Selection May Include:**  
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**Daily Entree Options may include:**  
PB&J Jamwich with String Cheese & Graham Snack  
  
Ham & Cheese cubes, Crackers, & Graham Snack  
  
Grilled Chicken Salad w/ roll  
  
Fruit & Yogurt Lunch Pack w/Graham Snack & String Cheese



Lunch Prices  
Student \$2.20  
Reduced \$.40  
Adult \$3.35

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Lou Kluck  
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USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> 	<p><b>2</b></p> <p>Chicken Patty On a Bun</p> <p><b>Featured Veggies:</b> Fries Grape Tomato Choice of Fruit Choice of Milk</p>	<p><b>3</b></p> <p>Hot Dog on a Bun</p> <p><b>Featured Veggies:</b> Baked Beans Celery Stick Choice of Fruit Choice of Milk</p>	<p><b>4</b></p> <p>Meatball Sub</p> <p><b>Featured Veggies:</b> Tatar Tots Cucumbers Choice of Fruit Choice of Milk</p>	<p><b>5</b></p> <p>Pizza</p> <p><b>Featured Veggies:</b> Carrots Choice of Fruit Choice of Milk</p>
<p><b>8</b></p> <p>Chicken Mash Potato Bowl with a Dinner Roll</p> <p><b>Featured Veggies:</b> Mashed Potatoes Steamed Corn Choice of Fruit Choice of Milk</p>	<p><b>9</b></p> <p>Corn Dog</p> <p><b>Featured Veggies:</b> Baked Beans Cucumber Slices Choice of Fruit Choice of Milk</p>	<p><b>10</b></p> <p>Bologna Sandwich</p> <p><b>Featured Veggies:</b> Chips Romaine Salad Choice of Fruit Choice of Milk</p>	<p><b>11</b></p> <p>Pasta with Meatballs</p> <p><b>Featured Veggies:</b> Steamed Broccoli Grape Tomatoes Choice of Fruit Choice of Milk</p>	<p><b>12</b></p> <p>Pierogies</p> <p><b>Featured Veggies:</b> Peas Salad Choice of Fruit Choice of Milk</p>
<p><b>15</b></p> 	<p><b>16</b></p> <p>ACT 80 DAY NO STUDENTS</p>	<p><b>17</b></p> <p>Beef Taco On a Soft Tortilla</p> <p><b>Featured Veggies:</b> Lettuce &amp; Tomato Brown Rice Choice of Fruit Choice of Milk</p>	<p><b>18</b></p> <p>Cheeseburger on a Bun</p> <p><b>Featured Veggies:</b> Tots Salad Choice of Fruit Choice of Milk</p>	<p><b>19</b></p> <p>Pizza</p> <p><b>Featured Veggies:</b> Oven Fries Steamed Carrots Choice of Fruit Choice of Milk</p>
<p><b>22</b></p> <p>Chicken Nuggets</p> <p><b>Featured Veggies:</b> Steamed Broccoli Fries Choice of Fruit Choice of Milk</p>	<p><b>23</b></p> <p>Nachos Grande Tortilla Chips</p> <p><b>Featured Veggies:</b> Rice Salsa Choice of Fruit Choice of Milk</p>	<p><b>24</b></p> <p>Sloppy Joes</p> <p><b>Featured Veggies:</b> Tots Steamed Carrots Choice of Fruit Choice of Milk</p>	<p><b>25</b></p> <p>Meatball Sub</p> <p><b>Featured Veggies:</b> Salad Choice of Fruit Choice of Milk</p>	<p><b>26</b></p> <p>Fish Sticks</p> <p><b>Featured Veggies:</b> Oven Fries Salad Choice of Fruit Choice of Milk</p>
<p><b>29</b></p> <p>Chicken Patty</p> <p><b>Featured Veggies:</b> Fries Choice of Fruit Choice of Milk</p>	<p><b>30</b></p> <p>Ham Sandwich</p> <p><b>Featured Veggies:</b> Chips Cucumbers Choice of Fruit Choice of Milk</p>	<p><b>31</b></p> <p>Cheeseburger</p> <p><b>Featured Veggies:</b> Choice of Fruit Choice of Milk</p>		